



LHS October 2019 Menu

Leavenworth Public Schools



MONDAY

Biscuit & Gravy

Breakfast pizza, breakfast bread &/or muffin, cereals & breakfast crackers are daily choices. Fresh &/or Canned Fruit served daily.

Hot cereal is served on Wednesday.

TRUE BLUE Daily LUNCH MENU

TUESDAY

The breakfast menu is repeated each week. Daily breakfast items will feature the following foods.
Homebaked Cinnamon Roll

Sausage on a Stick 🐷

THURSDAY

Mini Pancakes

FRIDAY

Manager's Choice

7
Spaghetti & Meat Sauce
or
Chicken Quesadilla
Served with:
Hot Broccoli Florets
Red Pepper Sticks
Apple Sl. &/or Craisins
HM Breakaway Bread

8
Pig in a Blanket or
Beef Fiestada
Served with:
Potato ☺
Carrots & Gr. Tomatoes
Strawberries &/or
HM Peach Crisp

9
Soft Taco or
Breaded Chicken Sand.
Served with:
Lime Rice
Refried Beans
Lettuce & Cheese Mix
Orange ☺ &/or Pineapple

10
Sausage Cheese Pizza or
Hamburger on Bun
Served with:
Roasted Carrots
Spinach Salad
Pears &/or Sidekick

11
BBQ Chicken Sandwich
or
Manager's Choice
Served with:
Savory Baked Potato
Tossed Green Salad
Fr. Fruit &/or Mixed Fruit
Homemade Cookie

Celebrate National School Lunch Week with 'What's on Your Playlist?'

14
NO School TODAY!!

15
Top Chart Cheeseburger
or
Country Chicken Wrap
Served with:
Krispy Krinkle Fries
Carrots & Tomatoes
Singing Oranges &/or
Acapella Applesauce
Hunky-Dory Cookie

16
Pitch Perfect Pizza or
Groovin' Chicken Tenders &
Rock'n Dinner Roll
Served with:
Pump UP Broccoli Florets
Tumbleweed Romaine Salad
Getting Down Grapes &/or
Funky Peaches

17
Drumming Chicken or
Jazzy Salisbury Steak
Served with:
Reggae Rice & Gravy
Smoo-o-th Green Beans
Rapping Carrots &
Tomatoes
Banana bo Bana &/or
Ice Ice Sidekick
Rock'n Dinner Roll

18
Techno Taco Crunch or
Zippidy Dee Do Doo Da
Manager's Choice
Served with:
Classic Lettuce & Cheese
R & B Roasted Corn
Top Chart Fr. Fruit &/or
Jamming Mixed Fruit
Twist & Shout Cinn. Rol

21
Sloppy Joe Sandwich
or
Chicken Nuggets
Served with:
Savory Baked Potato
Baby Carrots
Orange ☺ &/or Pears

22
Popcorn Chicken Bowl
or
Pepperoni Pizza
Served with:
Mashed Potatoes & Gravy
Whole Kernel Corn
Grapes &/or
Mandarin Oranges

23 Birthday Celebration!
Ribette 🐷 Sandwich
or
Pasta & Cheese
Served with:
Baked Beans
Carrots & Ranch
Banana &/or Peaches
Rice Krispies Treat

24
Mozzarella Breadsticks &
Dipping Sauce or
Spicy Chicken Sandwich
Served with:
Hot Broccoli Florets
Tossed Green Salad
Apple Slices &/or Pears
HM Chocolate Cupcake

25
Chicken Wrap or
Manager's Choice
Served with:
Roasted Cauliflower
Red Pepper Sticks
Fresh Fruit &/or
Mixed Fruit

28
Cowboy Cavatini
or
Grilled Chicken Sandwich
Served with:
Pizza Green Beans
Tossed Green Salad
Orange ☺ &/or
Pineapple
Homemade Dinner Roll

29
Breaded Fish Sand. or
Tstd. Cheese Sand.&
Tomato Soup
Served with:
Potato ☺
Carrots & Gr. Tomatoes
Strawberries &/or
Peaches
Autumn Cookie

30
Homemade Lasagna
or
Manager's Choice
Served with:
Hot Broccoli Florets
Red Pepper Sticks
Apple Slices &/or
👀👀👀 Sidekick
Breakaway Bread

31 Happy Halloween!

November 1



NO SCHOOL ON THURSDAY OR FRIDAY!!

Each station serves THE SAME MEAL—visit [one](#) to select your lunch!
Tossed Green Salad is available DAILY!

Breakfast is served 7:00–7:45 AM.

Meal Prices: Student Breakfast: \$1.75, reduced price breakfast: 30¢; Student Lunch: \$2.90; reduced price lunch: 40¢.
Adult Breakfast: \$2.25, Adult Lunch: \$3.85; Milk, any flavor: 50¢. All meals must include a fruit or vegetable.

Items with a 🐷 contain pork. Menu is subject to change without notice. Milk is served with each meal.
This institution is an equal opportunity provider.

Feeding Bodies--Fueling Minds