



# LHS September-October 2019 Menu

## Leavenworth Public Schools

**MONDAY**

Biscuit &amp; Gravy

**TUESDAY**

The breakfast menu is repeated each week. Daily breakfast items will feature the following foods.  
 Homebaked Cinnamon Roll

**WEDNESDAY**

Sausage on a Stick 🐷

**THURSDAY**

Mini Pancakes

**FRIDAY**

Manager's Choice

*Breakfast pizza, breakfast bread &/or muffin, cereals & breakfast crackers are daily choices. Fresh &/or Canned Fruit served daily.*

**TRUE BLUE Daily LUNCH MENU****9 Birthday Celebration!!**

Pulled Pork Sand. 🐷 or  
 Chicken Quesadilla

Served with:

Baked Beans  
 Baby Carrots & Ranch  
 Grapes &/or Pears  
 Rice Krispies Treat

**10**

Popcorn Chicken Bowl or  
 Fish Sandwich

Served with:

Mashed Potatoes & Gravy  
 Whole Kernel Corn  
 Spinach Salad  
 Cantaloupe &/or  
 Mandarin Oranges  
 Homemade Dinner Roll

**11**

Hamburger on Bun or  
 Chicken Nuggets & Roll

Served with:

Krispy Krinkle Fries  
 Tossed Green Salad  
 Banana &/or Peaches

**12**

Mozzarella Breadsticks  
 & Dipping Sauce or  
 Spicy Chicken Sandwich

Served with:

Hot Broccoli Florets  
 Baby Carrots  
 Watermelon &/or  
 Pineapple  
 HM Choc. Cupcake

**13**

Chicken Tender Wrap or  
 Manager's Choice

Served with:

Roasted Cauliflower  
 Red Pepper Sticks  
 Fr. Fruit &/or Mixed Fruit

**16**

BBQ Meatball Sub or  
 Spicy Chicken Sandwich

Served with:

Baked Beans  
 Carrots & Gr. Tomatoes  
 Orange ☺ &/or  
 Applesauce

**17**

Fun Fish Shapes or  
 Sausage Pizza

Served with:

Au gratin Potatoes  
 Tossed Green Salad  
 Strawberries &/or Pineapple  
 Homemade Cookie

**18**

Chicken Nuggets or  
 Salisbury Steak

Served with:

Mashed Potatoes & Gravy  
 Roasted Carrots  
 Watermelon &/or Sidekick  
 Homemade Dinner Roll

**19**

Homemade Lasagna or  
 Chicken Tenders

Served with:

Hot Broccoli Florets  
 Red Pepper Sticks  
 Apple Slices &/or Craisins  
 Breakaway Bread

**20**

Br. Chicken Sandwich or  
 Manager's Choice

Served with:

Lean Green Beans  
 Spinach Salad  
 Mixed Fruit &/or  
 Homemade Peach Crisp

**23**

Chicken Drumsticks or  
 Taco Crunch

Served with:

Red Beans & Brown Rice  
 Whole Kernel Corn  
 Grapes &/or Pineapple  
 Cinnamon Bun

**24**

Cheeseburger or  
 Pig in a Blanket

Served with:

Potato Sticks  
 Carrots & Tomatoes  
 Strawberries &/or  
 Applesauce  
 Homemade Cookie

**25**

Pepperoni Pizza 🐷 or  
 Spicy Chicken Sandwich

Served with:

Hot Broccoli Florets  
 Spinach Salad  
 Apple Slices &/or Peaches

**26**

Pasta & Cheese or  
 Beef Fiestada

Served with:

Roasted Carrots  
 Fresh Veggie Relishes  
 Watermelon &/or  
 Sidekick  
 Homemade Dinner Roll

**27**

**Homecoming  
 Parade--  
 Early Dismissal!**

**30**

**NO School  
 Today!!**

**October 1**

Orange Chicken or  
 Fish Sandwich

Served with:

Brown Rice  
 Asian Veggies  
 Spinach Salad  
 Cantaloupe &/or  
 Mandarin Oranges

**2**

Hamburger on Bun or  
 Gr. Chicken Sandwich

Served with:

Western Beans  
 Tossed Green Salad  
 Banana &/or Peaches

**3**

Mozzarella Breadsticks  
 & Dipping Sauce or  
 Chicken Quesadilla

Served with:

Hot Broccoli Florets  
 Baby Carrots  
 Watermelon &/or Pears  
 HM Chocolate Cupcake

**4 Breakfast for LUNCH!**

Brkf. Pizza & Yogurt or  
 Manager's Choice

Served with:

Breakfast Potatoes  
 Red Pepper Sticks  
 Fr. Fruit &/or Mixed Fruit  
 Cinnamon Roll

Each station serves **THE SAME MEAL**—visit [one](#) to select your lunch!  
 Tossed Green Salad is available **DAILY!**

**Breakfast is served 7:00-7:45 AM.**

**Meal Prices:** Student Breakfast: \$1.75, reduced price breakfast: 30¢; Student Lunch: \$2.90; reduced price lunch: 40¢.  
 Adult Breakfast: \$2.25, Adult Lunch: \$3.85; Milk, any flavor: 50¢. All meals must include a fruit or vegetable.

Items with a 🐷 contain pork. Menu is subject to change without notice. Milk is served with each meal.  
 This institution is an equal opportunity provider.

## Feeding Bodies--Fueling Minds

