



## **Pioneer Football Off-Season Schedule**

<b>June 1-July 29</b>	<b>Pre-Season program (LHS weight room) M, T, W, Th 7am-9:30am</b>	
<b>June 7-11</b>	<b>Team Camp @ LHS 7am-11am</b>	<b><u>\$30</u></b>
<b>June 14-15</b>	<b>Overnight Team Camp @ Missouri Western</b>	<b><u>\$135</u></b>
<b>June 18</b>	<b>7 on 7 @ SM West (Varsity only) JV Scrimmage @ Pleasant Ridge</b>	
<b>June 24</b>	<b>7 on 7 @ Lansing 9am-1pm (Varsity &amp; JV)</b>	
<b>June 28-July 4</b>	<b>Summer Moratorium (No workouts)</b>	
<b>July 5-July 29</b>	<b>Pre-season workouts continue (M, T, W, Th 7am-9:30am)</b>	
<b>July 20 &amp; 22</b>	<b>Scrimmage with St Joe Central (one home/one away) TBA</b>	
<b>August 16</b>	<b>Team meeting 7am (Film Room)      Practice 3:15-5:30pm</b>	

**\*\*Incoming Freshmen are encouraged to attend all off-season activities. Physicals are due in LHS office prior to August 16. Contact Coach Sachen for more information 913 240-3954**